

Butterfly Gardening

Information provided by Joann Karges, Member of The North American Butterfly Association

Living in harmony with nature is a goal of many gardeners. What better way to invite nature into your garden than by providing food for the caterpillars and nectar for the butterflies. There are many different butterflies that frequent the state of Texas. Read more below to learn more about common and unusual butterfly species and their food sources.

COMMON & UNUSUAL BUTTERFLIES

- Black Swallowtail
- Pipevine Swallowtail
- Giant Swallowtail
- American Lady
- Viceroy
- Red Admiral
- Monarch
- Hairstreaks
- American Snout
- Orange Sulphur
- Dainty Sulphur
- Southern Dogface

NECTAR PLANTS

- Bush Honeysuckle (*Lonicera fragrantissima*)
- Candytuft (*Iberis sempervivens*)
- Indian Hawthorn (*Raphiolepis indica*)
- Viburnum (*Viburnum rufidulum*)
- Shasta Daisy (*Chrysanthemum maximum*)
- Buttonbush (*Cephalanthus occidentalis*)
- Phlox (*Phlox spp.*)
- Bush Honeysuckle (*Lonicera albiflora*)
- Green Milkweed (*Asclepias viridis*)
- Mexican Milkweed (*Asclepias curassavica*)
- Butterfly Weed (*Asclepias tuberosa*)
- Autumn Sage (*Salvia greggii*)
- Butterfly Bush (*Buddleia davidii*)
- Lantana (*Lantana spp.*)
- Pentas (*Pentas*)
- Mealy Blue Sage (*Salvia azurea*)
- Purple Coneflower (*Echinacea purpurea*)
- Turk's Cap (*Malvaviscus drummondii*)
- Zinnia (*Zinnia*)
- Sedum (*Sedum spectabile*)
- Cosmos (*Cosmos*)
- Mistflower (*Eupatorium coelestinum*)

CATERPILLAR FOOD

- Dill (*Anethum graveolens*)
- Pipevine (*Aristolochia tomentosa*)
- Mexican Milkweed (*Asclepias curassavica*)
- Redbud (*Cercis canadensis*)
- Fennel (*Foeniculum vulgare*)
- Maypop (*Passiflora incarnata*)
- Yellow Passionvine (*Passiflora lutea*)
- Blue Passionvine (*Passiflora crispum*)
- Parsley (*Petroselinum crispum*)
- Frog Fruit (*Phyla lanceolata*)
- Wild Dill (*Polytaenia nuttallii*)
- Rue (*Ruta graveolens*)
- Western Soapberry (*Sapindus drummondii*)
- Common Canna (*Canna indica*)
- Texas Kidneywood (*Eysenhardtia texana*)

